

HPM Health Plan

Quarterly Newsletter

JULY 2022

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Chairman, Board of Trustees

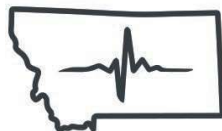
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Bozeman

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Gallatin Valley Anesthesia
Bozeman

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Five Valleys Urology
Missoula

Daniel Zimmerman
The Children's Clinic, P.C.
Billings

John Bisges, M.D.
Eastern Radiological Associates
Billings



**HEALTH PROFESSIONS OF
MONTANA PLAN & TRUST**

The Transition has Begun!

The Health Professions of Montana Plan & Trust is very pleased to have partnered with Vimly Benefit Solutions to provide an enrollment and billing system for our plan! We are so excited to work with these outstanding folks to bring additional benefits to our groups and members. Although this is a big job, we can't wait to see the many improvements that their technology will produce.

The new platform is called SIMON and implementation has begun! Some of our groups have already made the move and others will be seeing the transition take place in the coming months. We hope to complete the conversion for all groups by September.

We cannot wait to show our groups the added benefits and simplified procedures that SIMON is able to offer us. We are certain that these enhancements will allow us to better serve our groups and our members. The system will bring eligibility, enrollment, billing, and payment into a fully automated system thus eliminating manual processes, use of paper forms, and other inefficiencies. We are thrilled to be making this step into the future and we look forward to the advantages that it will offer!

Be on the lookout for emails regarding communication as we work to onboard our groups in the coming months. We will attempt to limit the disruption as much as possible, and there will be information and training provided as we work through this process. In the end, we hope that you all will appreciate the new system as much as we do!

Keep an eye out for news and information about HPMPT and SIMON in the coming weeks!



HEALTH PROFESSIONALS OF MONTANA PLAN & TRUST



Added Benefits from BCBSMT

Mental Health Resources

Through a program called Learn to Live, Blue Cross Blue Shield of Montana is offering additional resources to address many of the challenges that we face in our day to day lives. Mental wellbeing is an important aspect of our total health and wellbeing, so if you are facing a mental health issue, there is help. Learn to Live provides online coach-supported programs that are proven to help overcome some of the most difficult hurdles in life such as:

- Anxiety and Panic Attacks,
- Social Anxiety,
- Depression,
- Stress,
- Bipolar,
- Attention Deficit (ADHD),
- Autism,
- Eating Disorders,
- Substance abuse and
- Insomnia



You can login on the Blue Access for Members (BAM) portal and get access to confidential programs that will help you to live healthy and well.

In addition, if needed, you don't have to go it alone. There are experts available to help if you are facing an issue. By calling customer service or the behavioral health number on the back of your ID card, you can get access to experts to help with learning about your condition, treatment options, finding a provider and understanding your benefits.

These added benefits are completely confidential and will not be shared with your employer.

Over half of the population in the US will experience a mental health concern in their lives, so please take advantage of these resources through BCBSMT and the HPM Health Plan.

Contact Us

Marcia Ellermeyer
Account Executive

**Health Professions of Montana
Plan & Trust**

PO Box 153
Helena, MT 59624

406-443-4919

mellermeyer@hpmpt.org

www.hpmpt.org



Our website is

www.hpmpt.org

You can find information about our plans and programs as well as forms for making plan changes, submitting manual claims, or participating in the wellness program.



**HEALTH PROFESSIONS OF
MONTANA PLAN & TRUST**

Get Outside!

Now is the time to get outside and enjoy the wonderful Montana weather. Our state offers some of the best outdoor recreation in the world and we are so lucky to be able to take advantage of it. Some ideas might include:



- Hiking the many trails around all our cities and towns
- Star gazing during our amazing clear nights
- Fishing
- Change it up and go mountain biking
- Paddle boarding or kayaking on our incredible lakes and rivers
- Camping is always a great family adventure

No matter your preference, getting outdoors and taking advantage of the amazing and beautiful places and activities that Montana has to offer is the best way to spend these summer months. Take a moment to plan at least one new place or adventure this year, we recommend it!

Please Note:

Under the Transparency in Coverage Final Rule, health plans are required to disclose pricing information to the public through machine readable files. These files will be provided on the Health Professions of Montana Plan & Trust (HPMPT) website via a link to a table of contents file. The first file, known as the In-Network File, requires the disclosure of negotiated rates between plans and providers for covered items and services. The second file, the Out-of-Network File, will disclose unique allowed amounts and billed charges for any out of network services. The table of contents file will include links to both types of files. The links will be accessible to the public, free of charge, will not require any personal identification or login and will be updated monthly. These files will pertain to medical claims only. The Transparency Rule for pharmacy claims is on indefinite hold. Visit www.hpmpt.org, employers/members tab, general info/links page to access these files.